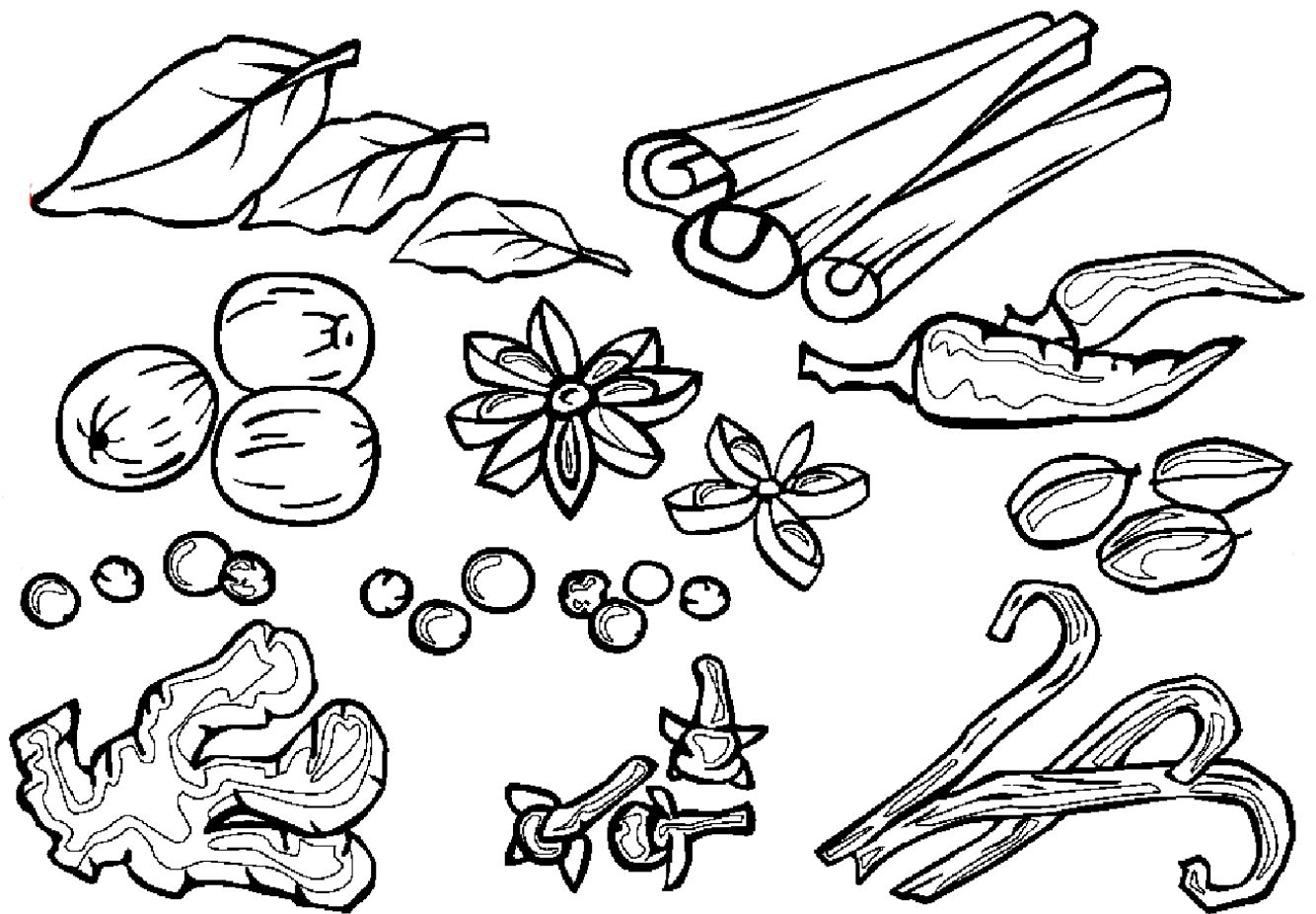


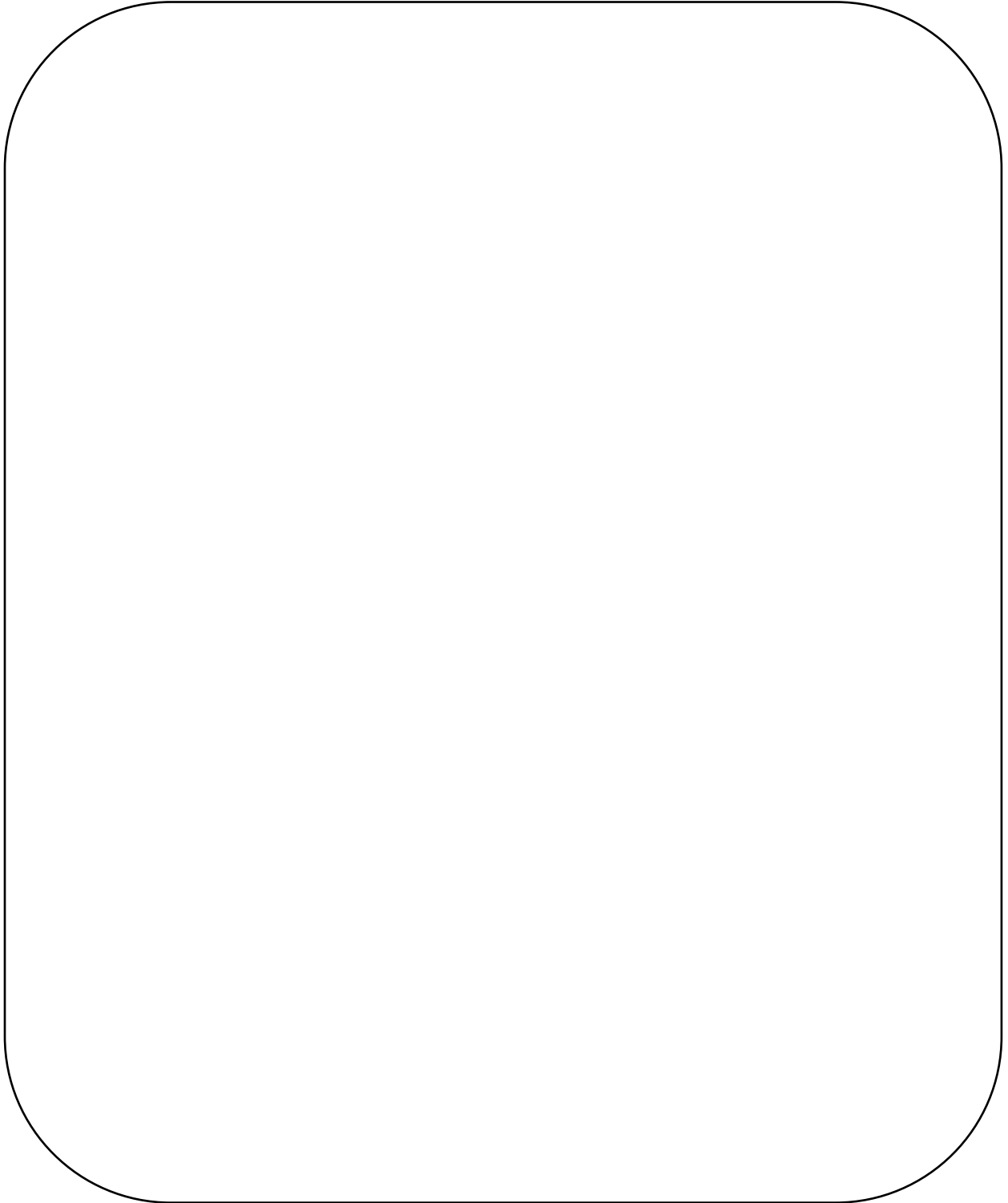
**Colouring activity**

Colour the assortment of spices.



**Drawing activity**

Draw yourself being fearless, strong and tough!

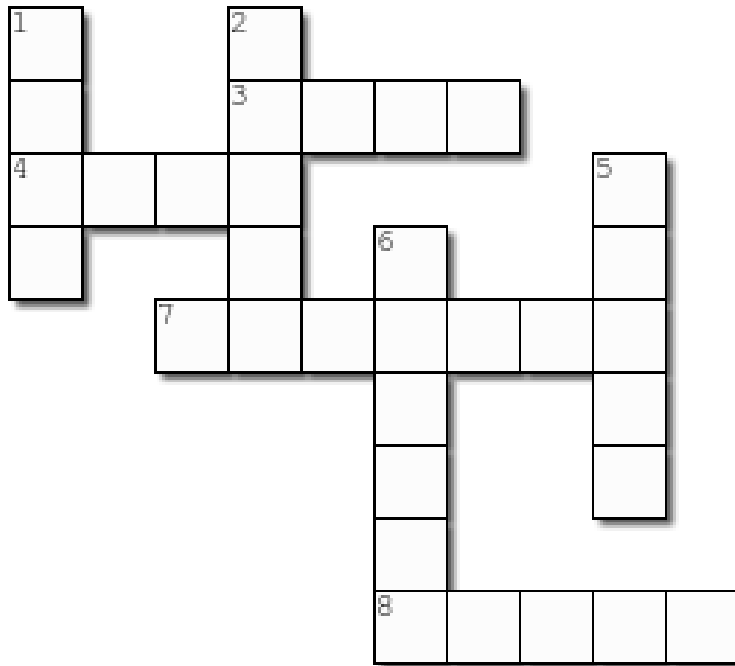


**Writing activity**

Crossword Puzzle

# Sahara's Special Senses

Complete the crossword puzzle below



**Across**

- 3. \_\_\_\_\_ means 'Mother' in many south Indian languages.
- 4. We can use our \_\_\_\_\_ to hear danger.
- 7. Cardamoms are good for \_\_\_\_\_.
- 8. Sahara can \_\_\_\_\_ out the spices.

**Down**

- 1. Sahara wants to be a \_\_\_\_\_.
- 2. Sahara can \_\_\_\_\_ the dishes.
- 5. Everyone wanted to know how Sahara cooked with no \_\_\_\_\_.
- 6. \_\_\_\_\_ are good for sweet things.

## Writing activity

Word Search

# Sahara's Special Senses

F E A R L E S S Z X E S  
C L Z T X B T P N G A C  
X U H V U O V A X R X I  
P I O A W R L E A Y I N  
T S L A B E M H S U K N  
O E T K B B A E F Y W A  
U Y S R W S A G R I M M  
G V Z G O A A A C I H O  
H S N Q N N L M U R C N  
D L B O L A G A M Y A Y  
O B O C H J M G I A E T  
W V Y K D B W C N A C Q

ABBA  
AMMA  
CINNAMON  
CUMIN  
FEARLESS  
KHALA  
SAHARA  
STRONG  
TOUGH  
TURMERIC

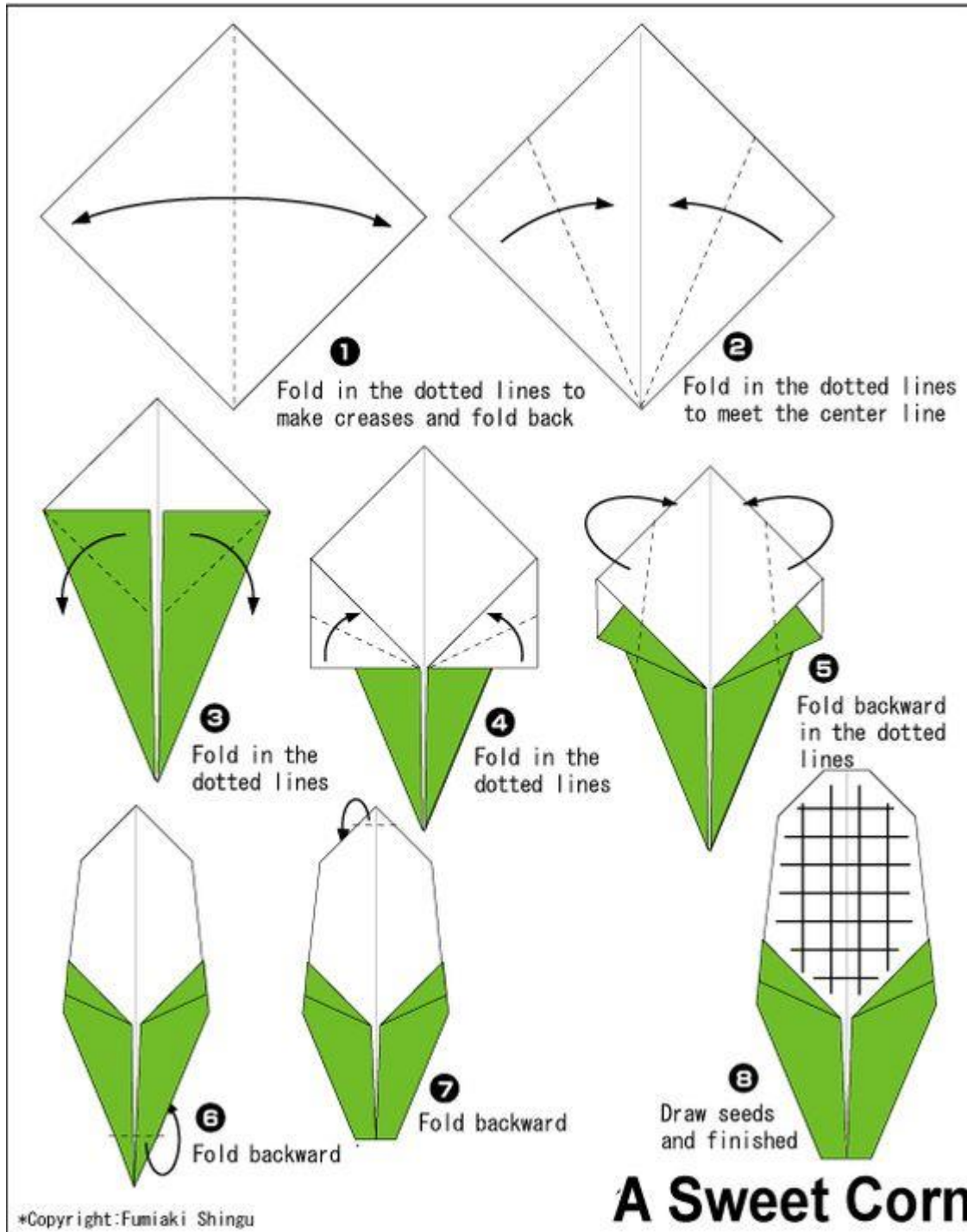
Answers to crossword puzzle:

**Across:** 3. amma 4. ears 7. healing 8. sniff

**Down:** 1. chef 2. taste 5. sight 6. cloves

## Origami: Corn

Corn is usually known as maize in India and can be cooked in a variety of ways. Try folding this origami corn!

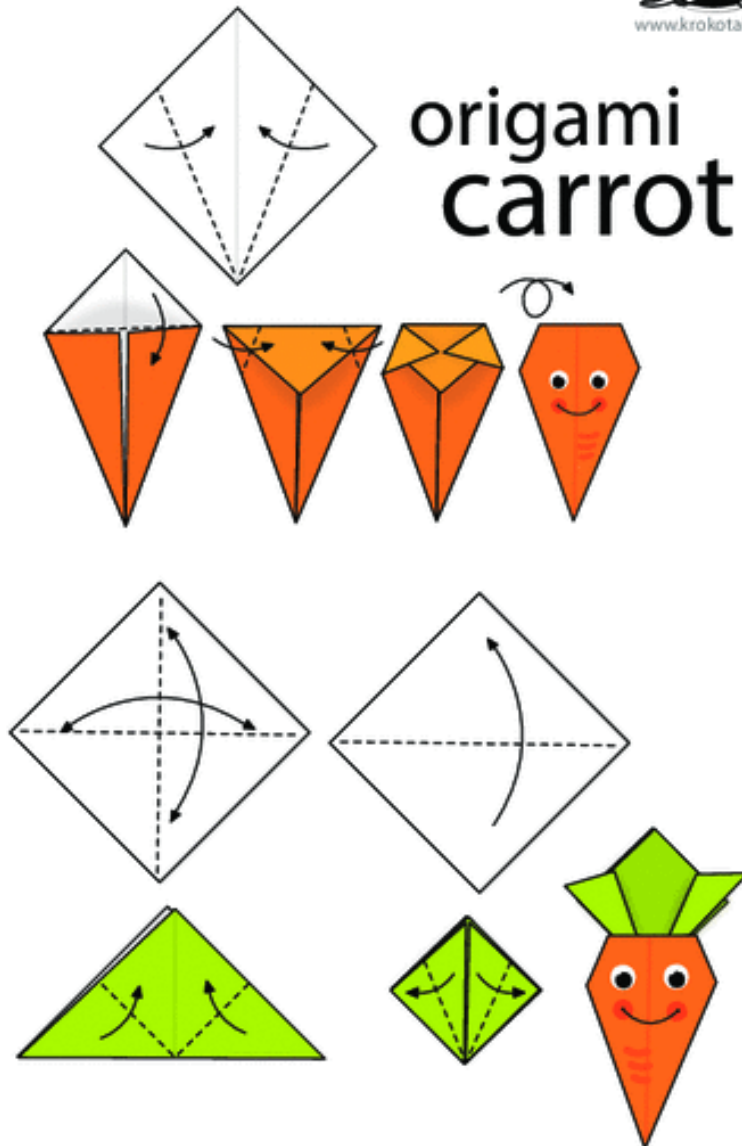


## Origami: Carrot

Vegetables used in Indian cooking often include carrots, potatoes, peas, green beans, cauliflower and pumpkin. Try folding this origami carrot!

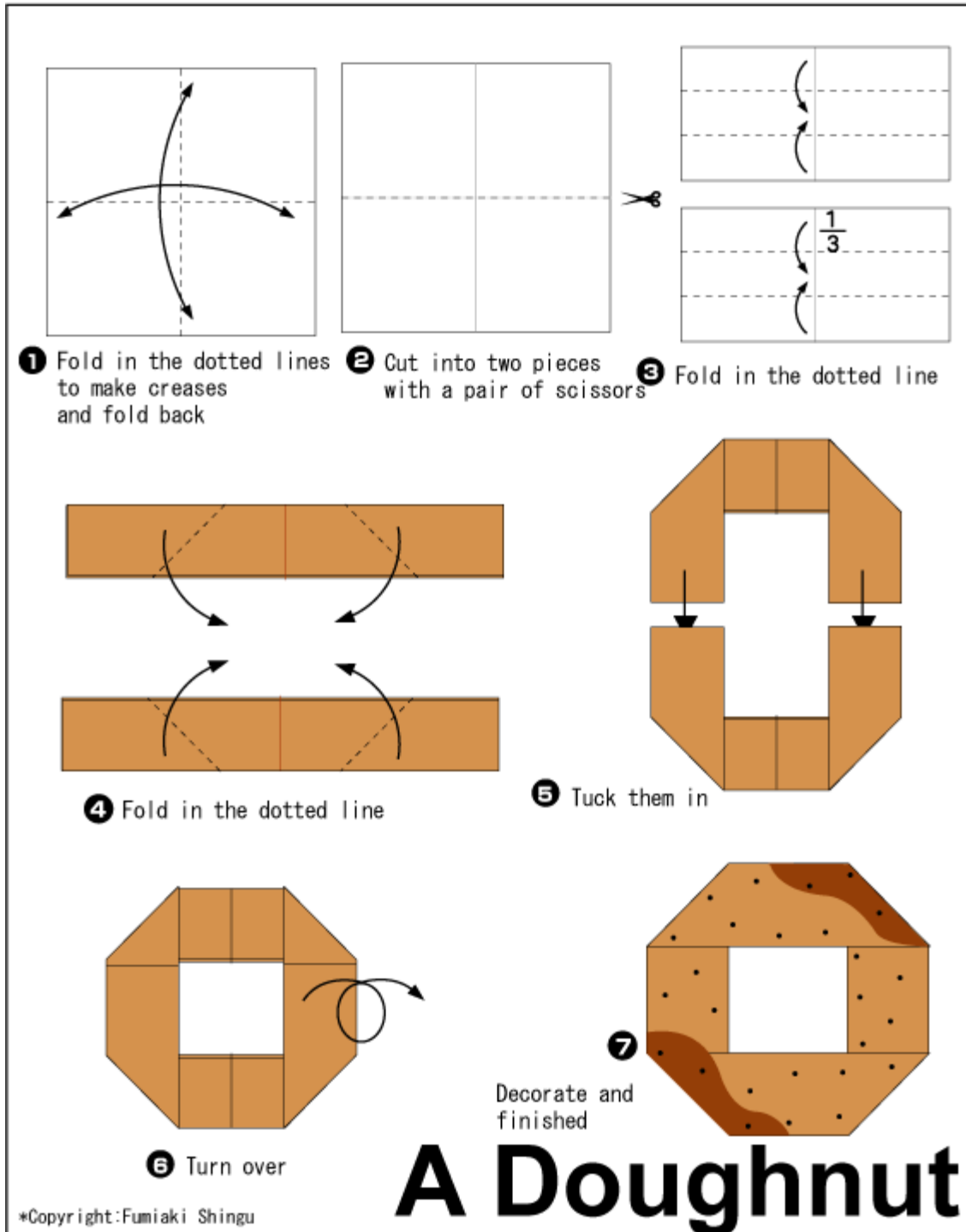


# origami carrot



## Origami: Doughnut

Medhu Vada, or lentil doughnut, is a South Indian snack mainly consumed for breakfast. Try folding this origami doughnut! You will need a pair of scissors.



**Craft activity: Make a chef hat!**

1. Cut out both pieces.
2. Get an adult to help you tape one side of front and back ends, fit onto your head and attach the other side.

